
9b6 Lemma. Locally Jordan measurable sets are an algebra of sets (in \mathbb{R}^n). That is, $\emptyset, \mathbb{R}^n \setminus A, A \cap B$ (and therefore also $\mathbb{R}^n, A \cup B$ and $A \setminus B$) are locally Jordan measurable whenever A, B are.

9b8 Lemma. The restriction of v_* to the algebra of locally Jordan sets is additive.

9b11 Lemma. A set $A \subset \mathbb{R}^n$ is locally Jordan measurable if and only if its boundary is locally volume zero.

9c1 Theorem. (*Monotone convergence theorem for volumes*) Let $X \subset \mathbb{R}^n$, sets $A_i \subset X$ be locally Jordan in X , and $A_i \uparrow X$, then

$$v_*(A_i) \uparrow v_*(X) \quad \text{as } i \rightarrow \infty.$$

9c3 Lemma. If $X_i \subset \mathbb{R}^n$, $X_i \downarrow \emptyset$ and $v_*(X_1) < \infty$, then $v_*(X_i) \downarrow 0$ as $i \rightarrow \infty$.

9d12 Theorem. If $f, g : \mathbb{R}^n \rightarrow \mathbb{R}$ are integrable then $f + g$ is integrable and

$$\int_{\mathbb{R}^n} (f + g) = \int_{\mathbb{R}^n} f + \int_{\mathbb{R}^n} g.$$

9e1 Example (Poisson).

$$\int_{-\infty}^{\infty} e^{-x^2} dx = \sqrt{\pi}; \quad \int_{\mathbb{R}^n} e^{-\langle Ax, x \rangle} dx = \frac{\pi^{n/2}}{\sqrt{\det A}}.$$

9e14 Claim (Cauchy-Schwarz). Suppose $f, g \in \tilde{L}^2(U)$. Then $fg \in \tilde{L}_1(U)$ and $|\int_U fg| \leq \|f\|_2 \|g\|_2$.

9e15 Claim (Hölder). More generally, $fg \in \tilde{L}_1(U)$ and $|\int_U fg| \leq \|f\|_p \|g\|_q$ whenever $f \in \tilde{L}^p(U)$, $g \in \tilde{L}^q(U)$, $\frac{1}{p} + \frac{1}{q} = 1$.

9e16 Claim (Minkowski). If $f, g \in \tilde{L}^p(U)$ then $f+g \in \tilde{L}^p(U)$ and $\|f+g\|_p \leq \|f\|_p + \|g\|_p$.

9f5 Theorem. Let $U, V \subset \mathbb{R}^n$ be open sets, $\varphi : U \rightarrow V$ a diffeomorphism, and $f : V \rightarrow \mathbb{R}$. Then f is Jordan measurable on V if and only if $f \circ \varphi$ is Jordan measurable on U , and in this case

$$\int_V f = \int_U (f \circ \varphi) |\det D\varphi|.$$

$$U(x) = \int_{B_R} \frac{d\xi}{|x - \xi|} = \begin{cases} \frac{4\pi R^3}{3|x|} & \text{for } |x| \geq R, \\ \frac{2\pi}{3}(3R^2 - |x|^2) & \text{for } |x| \leq R. \end{cases}$$

9h7 Theorem. (*Monotone convergence theorem for integrals*) Let $X \subset \mathbb{R}^n$ be a set, $f_i : X \rightarrow [0, \infty)$ functions Jordan measurable on X , $f_i \uparrow f$, $f : X \rightarrow [0, \infty)$. Then $\int_X f_i \uparrow \int_X f$.

9i2 Theorem. (Iterated improper integral for positive functions)

Let functions $f_i : \mathbb{R}^{n+m} \rightarrow [0, \infty)$ be Jordan measurable, $f_i \uparrow f$, $f : \mathbb{R}^{n+m} \rightarrow [0, \infty)$. Then

$$\int_{*\mathbb{R}^{n+m}} f = \int_{*\mathbb{R}^n} \left(x \mapsto \int_{*\mathbb{R}^m} f_x \right).$$

9i7 Corollary. If $f : \mathbb{R}^{n+m} \rightarrow [0, \infty)$ is Jordan measurable then

$$\int_{*\mathbb{R}^n} dx \int_{*\mathbb{R}^m} dy f(x, y) = \int_{\mathbb{R}^{n+m}} f = \int_{*\mathbb{R}^m} dy \int_{*\mathbb{R}^n} dx f(x, y).$$

9i8 Corollary. For every open set $G \subset \mathbb{R}^{n+m}$,

$$v_*(G) = \int_{*\mathbb{R}^n} v_*(G_x) dx$$

where $G_x = \{y : (x, y) \in G\} \subset \mathbb{R}^m$.

9i9 Corollary. For every compact set $K \subset \mathbb{R}^{n+m}$,

$$v^*(K) = \int_{*\mathbb{R}^n} v^*(K_x) dx$$

where $K_x = \{y : (x, y) \in K\} \subset \mathbb{R}^m$.

$$\Gamma(s) = \int_0^\infty t^{s-1} e^{-t} dt \quad \text{for } s > 0; \quad \Gamma(s+1) = s\Gamma(s); \quad \Gamma(n) = (n-1)!; \quad \Gamma(\frac{1}{2}) = \sqrt{\pi}.$$

$$B(\alpha, \beta) = \int_0^1 x^{\alpha-1} (1-x)^{\beta-1} dx = \frac{\Gamma(\alpha)\Gamma(\beta)}{\Gamma(\alpha+\beta)} \quad \text{for } \alpha, \beta > 0.$$

$$\int_0^{\pi/2} \sin^{\alpha-1} \theta \cos^{\beta-1} \theta d\theta = \frac{1}{2} B\left(\frac{\alpha}{2}, \frac{\beta}{2}\right) = \frac{1}{2} \cdot \frac{\Gamma\left(\frac{\alpha}{2}\right)\Gamma\left(\frac{\beta}{2}\right)}{\Gamma\left(\frac{\alpha+\beta}{2}\right)}.$$

$$\Gamma(2x) = \frac{2^{2x-1}}{\sqrt{\pi}} \Gamma(x) \Gamma\left(x + \frac{1}{2}\right).$$

9j12 Proposition. For $p_1, \dots, p_n > 0$,

$$\int \cdots \int_{\substack{x_1, \dots, x_n \geq 0, \\ x_1 + \dots + x_n \leq 1}} x_1^{p_1-1} \cdots x_n^{p_n-1} dx_1 \cdots dx_n = \frac{\Gamma(p_1) \cdots \Gamma(p_n)}{\Gamma(p_1 + \cdots + p_n + 1)}.$$

$$\int \cdots \int_{\substack{x_1, \dots, x_n \geq 0 \\ x_1^p + \cdots + x_n^p \leq 1}} dx_1 \cdots dx_n = \frac{\Gamma^n\left(\frac{1}{p}\right)}{p^n \Gamma\left(\frac{n}{p} + 1\right)}.$$

The volume of the unit ball in the metric l_p , and l_2 :

$$v_n(B_p(1)) = \frac{2^n \Gamma^n\left(\frac{1}{p}\right)}{p^n \Gamma\left(\frac{n}{p} + 1\right)}; \quad v_n(B_2(1)) = \frac{2\pi^{n/2}}{n \Gamma\left(\frac{n}{2}\right)}.$$

9j13 Exercise.

$$\int_{\substack{x_1+\dots+x_n \leq 1 \\ x_1, \dots, x_n \geq 0}} \dots \int \varphi(x_1 + \dots + x_n) dx_1 \dots dx_n = \frac{1}{(n-1)!} \int_0^1 \varphi(s) s^{n-1} ds.$$

9k2 Theorem. The following three conditions on a bounded function $f : B \rightarrow \mathbb{R}$ on a box $B \subset \mathbb{R}^n$ are equivalent:

- (a) f is integrable;
- (b) $\int_B^* \text{Osc}_f = 0$;
- (c) for every $\varepsilon > 0$ the set $\{x \in B : \text{Osc}_f(x) \geq \varepsilon\}$ is of volume zero.

Integral of a k -form over a singular k -box: $\int_{\Gamma} \omega = \int_B \omega(\Gamma(u), (D_1\Gamma)_u, \dots, (D_k\Gamma)_u) du.$

11c3 Proposition. (Stokes' theorem for $k = 1$)

Let C be a 1-chain in \mathbb{R}^n , and ω a 0-form of class C^1 on \mathbb{R}^n . Then

$$\int_C d\omega = \int_{\partial C} \omega.$$

11c5 Lemma. For every $f \in C^0(\mathbb{R}^n)$ there exist $f_i \in C^1(\mathbb{R}^n)$ such that $f_i \rightarrow f$ uniformly on bounded sets.

11d2 Definition. The exterior derivative of a 1-form ω of class C^1 is a 2-form $d\omega$ defined by

$$(d\omega)(\cdot, h, k) = D_h \omega(\cdot, k) - D_k \omega(\cdot, h).$$

11d3 Theorem. (Stokes' theorem for $k = 2$)

Let C be a 2-chain in \mathbb{R}^n , and ω a 1-form of class C^1 on \mathbb{R}^n . Then

$$\int_C d\omega = \int_{\partial C} \omega.$$

$$(\omega_1 \wedge \omega_2)(x, h, k) = \omega_1(x, h)\omega_2(x, k) - \omega_1(x, k)\omega_2(x, h); \quad (dx_i \wedge dx_j)(x, h, k) = \begin{vmatrix} h_i & k_i \\ h_j & k_j \end{vmatrix}$$

$$d(df) = 0; \quad d(f\omega) = df \wedge \omega + f d\omega; \quad d(f dg) = df \wedge dg.$$

11e7 Definition. (Equivalent to 11d2) The exterior derivative of a 1-form ω of class C^1 is a 2-form $d\omega$ defined by

$$d\omega = \sum_{i=1}^n df_i \wedge dx_i \quad \text{for } \omega = \sum_{i=1}^n f_i dx_i.$$

11e8 Exercise.

$$\int_{\Gamma} \omega = \int_B \sum_{i < j} f_{i,j}(x) \frac{\partial(x_i, x_j)}{\partial(u_1, u_2)} du_1 du_2 \quad \text{for } \omega = \sum_{i < j} f_{i,j} dx_i \wedge dx_j;$$

here $x = (x_1, \dots, x_n) = \Gamma(u_1, u_2)$ and $\frac{\partial(x_i, x_j)}{\partial(u_1, u_2)} = \begin{vmatrix} \frac{\partial x_i}{\partial u_1} & \frac{\partial x_i}{\partial u_2} \\ \frac{\partial x_j}{\partial u_1} & \frac{\partial x_j}{\partial u_2} \end{vmatrix}$.

11f1 Definition. The pullback of ω along φ is a k -form $\varphi^*\omega$ defined by

$$(\varphi^*\omega)(x, h_1, \dots, h_k) = \omega(\varphi(x), (D\varphi)_x(h_1), \dots, (D\varphi)_x(h_k)).$$

$$(11f2) \quad \int_{\Gamma} \omega = \int_B \Gamma^* \omega.$$

$$(11f3) \quad \int_{\varphi \circ C} \omega = \int_C \varphi^* \omega.$$

11f4 Lemma. For every 0-form $f \in C^1(\mathbb{R}^n)$ and $\varphi \in C^1(\mathbb{R}^\ell \rightarrow \mathbb{R}^n)$,

$$\varphi^*(df) = d(\varphi^* f).$$

11f5 Lemma. For all 1-forms ω_1, ω_2 on \mathbb{R}^n and $\varphi \in C^1(\mathbb{R}^\ell \rightarrow \mathbb{R}^n)$,

$$\varphi^*(\omega_1 \wedge \omega_2) = (\varphi^* \omega_1) \wedge (\varphi^* \omega_2).$$

11f6 Lemma. For every 1-form ω of class C^1 on \mathbb{R}^n and $\varphi \in C^2(\mathbb{R}^\ell \rightarrow \mathbb{R}^n)$,

$$\varphi^*(d\omega) = d(\varphi^* \omega).$$

11g3 Lemma. For every $\Gamma \in C^1(B \rightarrow \mathbb{R}^n)$ there exist $\Gamma_i \in C^2(B \rightarrow \mathbb{R}^n)$ such that $\Gamma_i \rightarrow \Gamma$ in C^1 .

11h1 Corollary.

$$C_1 \sim C_2 \quad \text{implies} \quad \partial C_1 \sim \partial C_2$$

for arbitrary 2-chains C_1, C_2 in \mathbb{R}^n .

11h2 Proposition. Assume that $\gamma, \gamma_1, \gamma_2, \dots \in C^1([t_0, t_1] \rightarrow \mathbb{R}^n)$, γ_k are bounded in C^1 (that is, $\sup_k \max_t |\gamma'_k(t)| < \infty$), and $\gamma_k \rightarrow \gamma$ in C^0 (that is, $\max_t |\gamma_k(t) - \gamma(t)| \rightarrow 0$ as $k \rightarrow \infty$). Then

$$\int_{\gamma_k} \omega \rightarrow \int_{\gamma} \omega \quad \text{as } k \rightarrow \infty$$

for every 1-form ω (of class C^0) on \mathbb{R}^n .

11h3 Remark. The condition that γ_k are bounded in C^1 cannot be dropped.

11h4 Remark. Prop. 11h2 generalizes readily to paths γ_k, γ that are only piecewise continuously differentiable.

$$\omega = \sum_{i < j} f_{i,j} dx_i \wedge dx_j; \quad \omega(x, h, k) = \det(H(x), h, k), \quad H(x) = (f_{2,3}(x), f_{3,1}(x), f_{1,2}(x)).$$

$$\int_{\Gamma} \omega = \int_B \det(H(\Gamma(u)), (D_1\Gamma)_u, (D_2\Gamma)_u) du. \quad \text{flux through}$$

$$\omega = \sum_i f_i dx_i; \quad \omega(x, h) = \langle E(x), h \rangle, \quad E(x) = (f_1(x), f_2(x), f_3(x)).$$

$$\int_{\gamma} \omega = \int_{t_0}^{t_1} \omega(\gamma(t), \gamma'(t)) dt = \int_{t_0}^{t_1} \langle E(\gamma(t)), \gamma'(t) \rangle dt. \quad \text{integral along a path; circulation around a loop}$$

If $\omega = \omega_1 \wedge \omega_2$ then $H = E_1 \times E_2$. If $\omega = dg$ then $E = \nabla g$. $\operatorname{curl}(\nabla f) = 0$.

12a2 Exercise. Let ω_1 be a 1-form on \mathbb{R}^3 , $\omega_2 = d\omega_1$, E dual to ω_1 , and H dual to ω_2 . Then $H = \operatorname{curl} E$, that is, $H_1 = D_2 E_3 - D_3 E_2$, $H_2 = D_3 E_1 - D_1 E_3$, $H_3 = D_1 E_2 - D_2 E_1$.

$$(12a8) \quad \int_{\partial\Gamma} E = \int_{\Gamma} \operatorname{curl} E.$$

$$\omega = f_1 dx_1 + f_2 dx_2, \quad \omega(x, h) = \det(H(x), h) = \langle E(x), h \rangle,$$

$$H = (f_2, -f_1), \quad E = (f_1, f_2); \quad \text{the rotation by } \pi/2 \text{ turns } H(x) \text{ into } E(x).$$

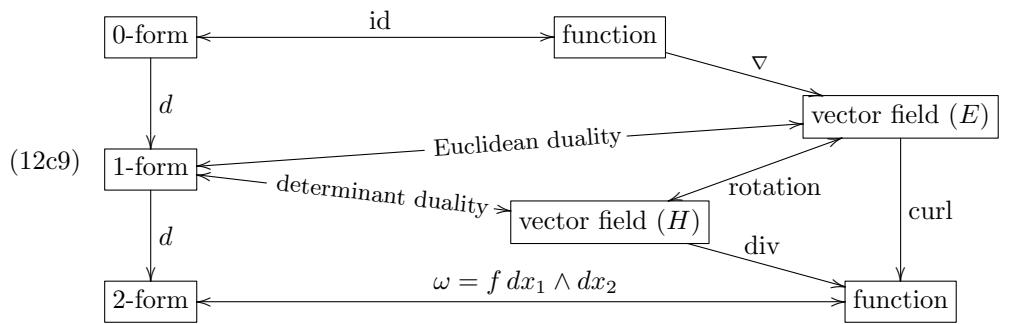
$$(12c1-2) \quad \int_{\text{along } \gamma} E = \int_{t_0}^{t_1} \langle E(\gamma(t)), \gamma'(t) \rangle dt, \quad \int_{\text{through } \gamma} H = \int_{t_0}^{t_1} \det(H(\gamma(t)), \gamma'(t)) dt.$$

If $\omega_2 = d\omega_1$ then: $\omega_1 = E_1 dx_1 + E_2 dx_2$, $\omega_2 = (\operatorname{curl} E) dx_1 \wedge dx_2$, $\operatorname{curl} E = D_1 E_2 - D_2 E_1$.

$$(12c5) \quad \int_{\text{along } \partial\Gamma} E = \int_{\Gamma} \operatorname{curl} E.$$

$\operatorname{curl} E = D_1 E_2 - D_2 E_1 = D_1 H_1 + D_2 H_2 = \operatorname{div} H$ (since $H_1 = E_2$ and $H_2 = -E_1$).

$$(12c8) \quad \int_{\text{through } \partial\Gamma} H = \int_{\Gamma} \operatorname{div} H$$



12d1 Exercise.

$$\bar{z}w = \langle z, w \rangle + i \det(z, w);$$

$$f(x+iy) = u(x, y) + iv(x, y), \quad \operatorname{Re}(f dz) = u dx - v dy, \quad \operatorname{Im}(f dz) = v dx + u dy;$$

$$f \text{ analytic} \implies u_x = v_y, u_y = -v_x \text{ (Cauchy-Riemann); } d \operatorname{Re}(f dz) = 0, d \operatorname{Im}(f dz) = 0.$$

$$\operatorname{div} \nabla f = \Delta f, \quad \Delta = D_1 D_1 + D_2 D_2 = \frac{\partial^2}{\partial x_1^2} + \frac{\partial^2}{\partial x_2^2}; \quad f \text{ harmonic: } \Delta f = 0.$$

f analytic $\implies \operatorname{Re} f, \operatorname{Im} f$ harmonic;

$$(12d4) \quad u \text{ harmonic} \implies u(z) = \frac{1}{2\pi} \int_0^{2\pi} u(z + re^{i\theta}) d\theta.$$

Green formulas:

$$(12d5) \quad \int_{\text{through } \partial\Gamma} \nabla u = \int_{\Gamma} \Delta u \quad \text{for all } u \in C^2(\mathbb{R}^2).$$

$$(12d7) \quad \int_{\text{through } \partial\Gamma} u \nabla v = \int_{\Gamma} (u \Delta v + \langle \nabla u, \nabla v \rangle) \quad \text{for all } u \in C^1(\mathbb{R}^2) \text{ and } v \in C^2(\mathbb{R}^2),$$

$$(12d8) \quad \int_{\text{through } \partial\Gamma} (u \nabla v - v \nabla u) = \int_{\Gamma} (u \Delta v - v \Delta u) \quad \text{for all } u, v \in C^2(\mathbb{R}^2).$$

13a2 Lemma. A 1-form ω on \mathbb{R}^n satisfies $\int_{\gamma} \omega = 0$ for all loops γ if and only if $\omega = df$ for some $f \in C^1$.

The same holds over an open subset of \mathbb{R}^n .

13b6 Lemma. A 1-form ω of class C^1 on G is closed if and only if $\int_{\partial\Gamma} \omega = 0$ for all singular 2-boxes Γ in G .

13b9 Proposition. If loops γ_1, γ_2 in an open set $G \subset \mathbb{R}^n$ are homotopic in G then $\int_{\gamma_1} \omega = \int_{\gamma_2} \omega$ for all closed 1-forms ω on G .

13b14 Corollary. If γ is null homotopic in G then $\int_{\gamma} \omega = 0$ for all closed 1-forms ω on G .

13b16 Proposition. Every closed 1-form ω on a simply connected G is exact.

13b18 Exercise. If α is a closed 1-form and β is an exact 1-form then the 2-form $\alpha \wedge \beta$ is exact.

13b19 Proposition. If ω is an exact 2-form on a simply connected open set $G \subset \mathbb{R}^n$, then for every loop γ in G , $\int_{\gamma} \omega$ does not depend on the choice of α such that $d\alpha = \omega$.

13c4 Exercise. For a radial function $g : \mathbb{R}^n \ni x \mapsto f(|x|) \in \mathbb{R}$, $f \in C^2[0, \infty)$, $f'(0) = 0$,

$$\operatorname{div} \nabla g(x) = f''(|x|) + \frac{n-1}{|x|} f'(|x|).$$

$$B_{\gamma}(x) = \frac{1}{4\pi} \int_{t_0}^{t_1} \frac{\gamma'(t) \times (x - \gamma(t))}{|x - \gamma(t)|^3} dt; \quad \operatorname{curl} B_{\gamma}(x) = E_0(x - \gamma(t_1)) - E_0(x - \gamma(t_0))$$

for all $x \in \mathbb{R}^3 \setminus \gamma([t_0, t_1])$; here $E_0(x) = \frac{1}{4\pi} \frac{x}{|x|^3}$.

$$\operatorname{Lk}(\gamma_1, \gamma_2) = \frac{1}{4\pi} \iint \frac{\det(\gamma'_1(s), \gamma'_2(t), \gamma_1(s) - \gamma_2(t))}{|\gamma_1(s) - \gamma_2(t)|^3} ds dt.$$

$$\operatorname{div} E = \frac{1}{\varepsilon_0} \rho, \quad \operatorname{div} B = 0, \quad \operatorname{curl} E = -\frac{\partial B}{\partial t}, \quad \operatorname{curl} B = \mu_0 j + \frac{1}{c^2} \frac{\partial E}{\partial t}; \quad \text{exact 2-form:}$$

$$\omega = (E_1 dx_1 + E_2 dx_2 + E_3 dx_3) \wedge dt + B_1 dx_2 \wedge dx_3 + B_2 dx_3 \wedge dx_1 + B_3 dx_1 \wedge dx_2.$$

14a4 Definition. The *exterior derivative* of a 2-form ω of class C^1 is a 3-form $d\omega$ defined by

$$(d\omega)(\cdot, h_1, h_2, h_3) = D_{h_1}\omega(\cdot, h_2, h_3) + D_{h_2}\omega(\cdot, h_3, h_1) + D_{h_3}\omega(\cdot, h_1, h_2).$$

14a10 Definition. (Equivalent to 14a4) The *exterior derivative* of a 2-form ω of class C^1 is a 3-form $d\omega$ defined by

$$d\omega = \sum_{i < j} df_{i,j} \wedge dx_i \wedge dx_j \quad \text{for } \omega = \sum_{i < j} f_{i,j} dx_i \wedge dx_j.$$

14a12 Lemma. For every 2-form ω of class C^1 on \mathbb{R}^n and $\varphi \in C^2(\mathbb{R}^\ell \rightarrow \mathbb{R}^n)$,

$$\varphi^*(d\omega) = d(\varphi^*\omega).$$

14a13 Theorem. (*Stokes' theorem for $k = 3$*)

Let C be a 3-chain in \mathbb{R}^n , and ω a 2-form of class C^1 on \mathbb{R}^n . Then

$$\int_C d\omega = \int_{\partial C} \omega.$$

14a14 Corollary.

$$C_1 \sim C_2 \quad \text{implies} \quad \partial C_1 \sim \partial C_2$$

for arbitrary 3-chains C_1, C_2 in \mathbb{R}^n . (Similar to 11h1.)

14a17 Exercise. $d(\omega_1 \wedge \omega_2) = (d\omega_1) \wedge \omega_2 - \omega_1 \wedge d\omega_2$ for 1-forms ω_1, ω_2 on \mathbb{R}^n .

14a18 Exercise. (a generalization of the formula for integration by parts)

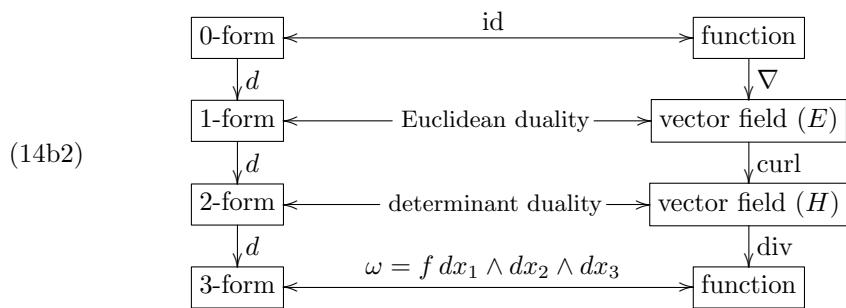
$$\int_C f d\omega = \int_{\partial C} f \omega - \int_C df \wedge \omega$$

for arbitrary 2-form ω (of class C^1) on \mathbb{R}^n , function $f \in C^1(\mathbb{R}^n)$, and 3-chain C in \mathbb{R}^n .

$$\omega(x, h_1, h_2) = \det(H(x), h_1, h_2), \quad H(x) = (f_{2,3}(x), f_{3,1}(x), f_{1,2}(x)),$$

$$\omega = f_{1,2} dx_1 \wedge dx_2 + f_{2,3} dx_2 \wedge dx_3 + f_{3,1} dx_3 \wedge dx_1;$$

$$d\omega = (\operatorname{div} H) dx_1 \wedge dx_2 \wedge dx_3, \quad \operatorname{div} H = D_1 H_1 + D_2 H_2 + D_3 H_3.$$



$$\operatorname{div}(fH) = \langle \nabla f, H \rangle + f \operatorname{div} H; \quad \operatorname{div}(E_1 \times E_2) = \langle \operatorname{curl} E_1, E_2 \rangle - \langle E_1, \operatorname{curl} E_2 \rangle.$$

$$(14b5) \quad \int_{\partial\Gamma} H = \int_{\Gamma} \operatorname{div} H \quad \text{three-dimensional divergence theorem}$$

for every vector field H (of class C^1) on \mathbb{R}^3 and every singular 3-box Γ in \mathbb{R}^3 .

$$(14b11) \quad \int_{\partial B_R} f = \int_0^\pi d\theta \int_0^{2\pi} d\varphi \cdot R^2 \sin \theta \cdot f(R \sin \theta \cos \varphi, R \sin \theta \sin \varphi, R \cos \theta).$$

$$\operatorname{div} \nabla f = \Delta f, \quad \Delta = D_1 D_1 + D_2 D_2 + D_3 D_3 = \frac{\partial^2}{\partial x_1^2} + \frac{\partial^2}{\partial x_2^2} + \frac{\partial^2}{\partial x_3^2};$$

functions $f \in C^2(\mathbb{R}^3)$ such that $\Delta f = 0$ are called *harmonic*. For harmonic u ,

$$(14b13) \quad u(0) = \frac{1}{4\pi R^2} \int_{\partial B_R} u; \quad u(x) = \frac{1}{4\pi R^2} \int_{\partial B_R} u(x + \cdot).$$

The mean value may be taken on the ball rather than the sphere.

14b21 Proposition. Every harmonic function $\mathbb{R}^3 \rightarrow [0, \infty)$ is constant.

14c7 Definition. For a $(k-1)$ -form ω of class C^1 ,

$$(d\omega)(\cdot, h_1, \dots, h_k) = \sum_{i=1}^k (-1)^{i-1} D_{h_i} \omega(\cdot, h_1, \dots, h_{i-1}, h_{i+1}, \dots, h_k).$$

14c8 Theorem. (*Stokes' theorem*)

Let C be a k -chain in \mathbb{R}^n , and ω a $(k-1)$ -form of class C^1 on \mathbb{R}^n . Then

$$\int_C d\omega = \int_{\partial C} \omega.$$

$$d\omega = (\operatorname{div} H) dx_1 \wedge \cdots \wedge dx_n, \quad \operatorname{div} H = D_1 H_1 + \cdots + D_n H_n;$$

$$(14c9) \quad \int_{\partial\Gamma} H = \int_{\Gamma} \operatorname{div} H.$$

A chart: $\psi(0) = x_0$; $\psi(G)$ is an open neighborhood of x_0 in M ; ψ is a homeomorphism from G to $\psi(G)$; $\psi \in C^1(G \rightarrow \mathbb{R}^N)$; for every $x \in G$ the linear operator $(D\psi)_x$ from \mathbb{R}^n to \mathbb{R}^N is one-to-one.

A co-chart: $M \cap U = \{x \in U : \varphi(x) = 0\}$; $\varphi \in C^1(U \rightarrow \mathbb{R}^{N-n})$; for every $x \in U$ the linear operator $(D\varphi)_x$ from \mathbb{R}^N to \mathbb{R}^{N-n} is onto.

15b3 Lemma. Existence of a chart (n -chart of M around x_0) is equivalent to existence of a co-chart (n -cochart of M around x_0).

$$(15c2) \quad \int_{(M,\mathcal{O})} \omega = \int_{(G,\psi)} \omega = \int_G f; \quad \psi^* \omega = f du_1 \wedge \cdots \wedge du_n.$$

$$(15d5) \quad \psi^* \mu = J_\psi du_1 \wedge \cdots \wedge du_n, \quad J_\psi(u) = \sqrt{\det(\langle (D_i \psi)_u, (D_j \psi)_u \rangle)_{i,j}}.$$

$$(15d6) \quad \int_{(M,\mathcal{O})} f = \int_{(M,\mathcal{O})} f \mu = \int_{(G,\psi)} f \mu = \int_G (f \circ \psi) J_\psi.$$

16b9 Theorem. $\int_{\varphi(G)} dc \int_{M_c} f = \int_G f |\nabla \varphi|; \quad M_c = \{x \in G : \varphi(x) = c\}.$

16b15 Theorem. Let $G \subset \mathbb{R}^n$ be a bounded regular open set, $M \subset \mathbb{R}^n$ an $(n-1)$ -manifold, $\partial G = M$, and orientations \mathcal{O} of G and $\tilde{\mathcal{O}}$ of M conform (at every point of M). Then

$$\int_{(G,\mathcal{O})} d\omega = \int_{(M,\tilde{\mathcal{O}})} \omega$$

for every $(n-1)$ -form ω of class C^1 on \mathbb{R}^n .

16b16 Theorem.

$$\int_G \operatorname{div} H = \int_M \langle H, \vec{n} \rangle. \quad (\text{the divergence theorem})$$